

A PUBLICATION OF ASSISTED RESIDENTIAL  
RETIREMENT OF TEXAS

AN INTRODUCTION TO

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# Veterans Benefits

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A Resource Guide for Veterans

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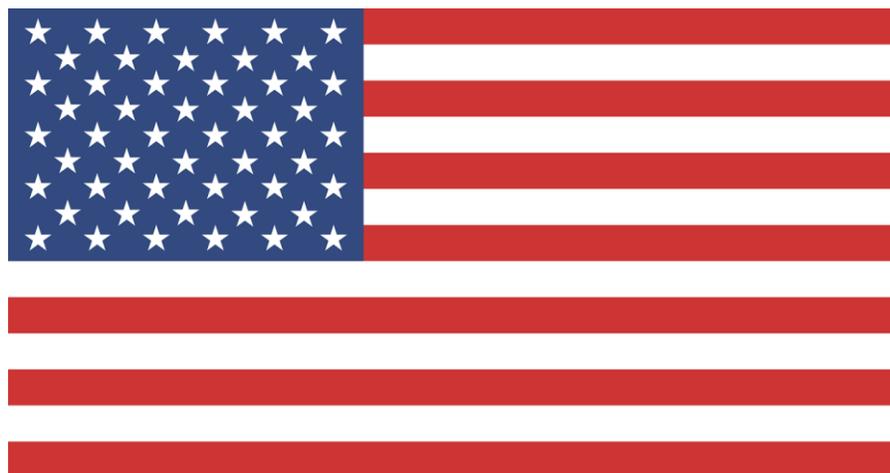
Resources



# INTRODUCTION

According to Pew Research, 34% of Veterans were 70 or older in 2016. For their service, many retired servicemen and woman are eligible for benefits as part of the Aid and Attendance program.

In this e-book, you will learn what the Aid and Attendance program is and be directed to online resources established for veterans and their families.



# CHAPTER ONE



# Aid & Attendance





# Aid & Attendance

Aid and Attendance is a benefit paid by the Veterans Administration to wartime veterans over 65, their spouses or surviving spouses. Paid in addition to a basic monthly pension, veterans are eligible when they require the aid and attendance of someone else.

When a veteran requires assistance with daily activities like eating, bathing, toileting, dressing or medication assistance, Aid and Attendance can help pay for care in home, in an assisted living community or in a nursing facility.

To be eligible for Aid and Attendance, veterans have to meet the following criteria:

- Be eligible for a VA pension
- Meet income and asset limitations
- Meet disability requirements
- Meet service requirements

To apply for Aid and Attendance, veterans can visit their local regional benefit office to file a request or write the Pension Management Center (PMC) which serves Texas. When applying, a detailed report from a physician certifying the need for care is recommended. The VA provides downloadable forms online to fill out and send to the regional VA office.

The PMC address for Texas as well as a link outlining the criteria for the physician's report is listed on the resource page. In Bexar county, the Bexar County Veterans Service Office (VSO) schedules appointments for benefits counseling and referral services.

To check the status of a claim, veterans can contact the VA Pension Maintenance Center at 877-294-6380.



# Aid & Attendance

## Resources for Veterans

There are several government resources available online designed to provide you with the information you need to learn more about Aid and Attendance and how to apply.

- U.S. Department of Veterans Affairs: [www.va.gov](http://www.va.gov)
- Veterans Brochures: [https://benefits.va.gov/BENEFITS/Benefits\\_Summary\\_Materials.asp](https://benefits.va.gov/BENEFITS/Benefits_Summary_Materials.asp)
- Regional Benefit Office: <https://www.benefits.va.gov/benefits/offices.asp#T>
- Pension (Program Explanation):  
[https://www.benefits.va.gov/pension/aid\\_attendance\\_housebound.aspx](https://www.benefits.va.gov/pension/aid_attendance_housebound.aspx)
- Pension Benefits: <https://www.vets.gov/pension>
- Apply for Benefits: <https://www.ebenefits.va.gov/ebenefits/apply#pension>
- Veterans Service Office in Bexar County: <https://www.bexar.org/509/Veterans-Service-Office>

St. Paul VA Regional Office  
Department of Veterans Affairs  
Claims Intake Center  
Attention: St. Paul Pension Center  
PO Box 5365  
Janesville, WI 53547-5365

Fax: 1-844-655-1604



# Aid & Attendance

## Source List

U.S. Department of Veterans Affairs

VA|Vets.gov

Bexar County TX Veterans Service Office

eBenefits – A program of the Department of Veterans Affairs and the Department of Defense



“ *We are forever indebted to those who have given their lives that we might be free.* ”

- Ronald Reagan



# Ready to Learn More?

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A certified assisted living manager is available to help. Call 210-944-8400 or schedule an appointment today!

[Schedule An Appointment](#)